

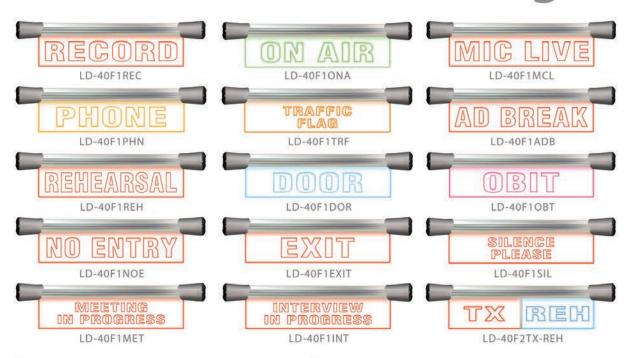
Seasons Greetings to all our readers

The Official Journal of the Hospital Broadcasting Association





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issue 144 Winter 2013

The Official Journal of the Hospital Broadcasting Association

in this issue ...

Board Report	2
2014 HBA Conference Details	
National Training Day	5
The New Year's Eve Big Broadcast	
Regional Round-up	
Situations Vacant	
Can You Help Develop our Website?	9
June's Travels	10
Radio Cherwell Ride High	11
Radio Lollipop Manchester	12
News Round-up	13
Radio Wulfrun Celebrate Thirty Years of Broadcasting	14
National Request Charts	16
Data Protection	
Obituary, David March	18
Countrywide News from the Stations	
Regional Reps Details	24
Who To Contact on the Executive Committee	IRC

FRONT COVER STORY:

The Prime Minister, David Cameron, visited the Oxford Children's Hospital in September and Radio Cherwell were there and gained a five minute interview with him. See the report on Ian Pinnell's interview on page 11.



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Hi Everyone,

Welcome to the last issue of On Air for 2013. Entries have now closed for the 2014 National Hospital Radio Awards but start thinking about your entry for the 2015 Awards now ... planning is the key.

Over Christmas I am working on the 'new look' On Air - watch this space! But I would appreciate your input of what you would like to see. If I don't hear from you, I'll never know. Make it your New Year's Resolution to send in a report of every event your station attends, any interesting interviews and, of course, any milestone birthdays your station achieves.

If you have a great fundraising idea, please share it with us and all the fabulous events you take part in over Christmas ... we want to hear about them.

It now just leaves me to wish you all a Very Happy Christmas and a Prosperous New Year and please make sure you get in touch. I look forward to hearing from you.

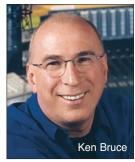
Michelle

DIARY DATES

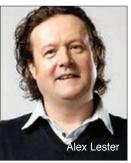
28th-30th March 2014 HBA Annual Conference Marriott Hotel, Bristol 29th March-6th April 2014 **Hospital Broadcasting Week** 27th-29th March 2015 Conference Marriott Hotel, Gosforth Park, Newcastle.

Our Ambassadors









Address for On-Air: The Editor, On Air, 2 Falkland Close, Boreham, Chelmsford, Essex CM3 3DD Tel: 0870 321 6011 Email: onair@hbauk.com

COPY DATE NEXT ISSUE 31st January, 2014

Board Report

Conference News

Our national Conference takes place in Bristol from Friday 28th to Sunday 30th March. By the time you read this, or shortly thereafter, bookings will have opened. More details can be found on the website at

hbauk.com/conference.

We hope to have in place a facility to allow you to pay by card this year – although, because we keep our charges to an absolute minimum, we will have to pass on the transaction fee. If you opt to pay by card this year, you'll pay slightly more than if you use an old-fashioned cheque or pay electronically via a BACS transfer.

The National Hospital Radio Awards ceremony will take place during the Saturday evening of Conference. The shortlists will be published on the website at hbauk.com/awards in January.

And finally – a date for your diary – we have just signed the contract for the 2015 Conference, which will take place from Friday 27th to Sunday 29th March 2015 at the Marriott Hotel, Gosforth Park, Newcastle.

Annual General Meeting

The call for nominations for this year's round of Trustee elections will also go out in January, with the elections taking place at the AGM on Saturday 29th March (at the Conference in Bristol).

This year it's the turn of the Deputy Chief Executive and Regional Manager. Look out for the email/letter in January or keep an eye on the website at hbauk.com/agm.

Members' Newsletter and Magazine

January is looking like a very busy month – watch out for the first edition of our electronic Members' Newsletter. It will be sent to all those who currently receive our HBA Announce emails, ie the address listed in your station's membership record as our Main Contact email address.

The newsletter is not intended to replace On Air magazine, rather it is intended to complement a refocused magazine. The Newsletter



by Nigel Dallard, Secretary

will contain (or more likely provide links to pages on our website) containing articles such as this one, along with guidance about running your station, invitations to HBA events, etc. Meanwhile, the magazine will focus on showcasing the good work that hospital radio stations across the UK are doing, hopefully both inspiring you and your fellow volunteers, whilst at the same time acting as a promotional tool that both HBA at a national level and member stations at a local level, can use to promote hospital radio to external stakeholders.

Because of the close link between the newsletter and website, expect things to develop as time goes on – we have only limited options with our current website.

Michelle is currently working on a mock-up of the re-focused magazine for launch later in 2014. She has indicated that she'd appreciate some help gathering and editing content, so if you'd like to help out, please do get in touch.

Website

Talking of the website, plans are afoot to give the website a radical overhaul using best-of-breed open source content – and contact – management software. By the

time you read this, a paper setting out a specification for the new site, and inviting proposals for developing it will have been published and every member invited to forward as widely as possible to anyone they know who might be able to assist.

This redevelopment is so crucial, HBA is prepared to pay a developer if, on balance, we conclude this is the best way forward.

Regional Changes

I'm pleased to be able to announce the appointment of two new Regional Reps – Ian Pinnell of Radio Cherwell in Oxford as Home Counties Regional Rep and Steve Hickman of Radio Hillingdon as London Regional Rep. Welcome both and, of course, many thanks to Ben Hart for his many years of service as our London Rep.

The Trustees agreed back in January to remove most of the administrative 'red tape' around regions, requiring them to hold formal AGMs, etc. Our recentlyappointed Regional Manager, Mel Ive, has also led a review of the role of the regions and their boundaries. As a result of this, we're proposing, starting in currently inactive regions, to try to find reps or co-ordinators for smaller geographic areas. We'll also be opening up regional membership, so that regional boundaries become much more fuzzy than at the moment and allow members to join as many regions as they like - so volunteers who are willing and able to travel longer distances can be kept informed of activities in neighbouring regions (or even regions in another part of the country!)

Some of these changes require the formal approval of the members; it is intended to bring forward enabling proposals at the AGM in March, so look out for details in the paperwork for that meeting – or contact your regional rep for more details. In the meantime, if you're interested in acting as a rep or co-ordinator, even if for only a relatively small cluster of stations in your immediate neighbourhood, please do get in touch with Mel – regions@hbauk.com.

Board Report

Charity Commission Support Needs Survey

Thanks to all those of you who took the time to complete the joint **HBA/Charity Commission for England and Wales Support Needs** survey. The results have now been collated and a list of areas relating to governing and managing your station has been produced.

Over the coming months, we'll be working with the Commission to produce some co-branded guidance – and we'll endeavour to generalise this to cover the situation in Scotland and Northern Ireland where this differs from England & Wales.

Widened Charitable **Objects Clause**

Those of you who were at the informal meeting at the conference in Blackpool earlier in the year, will have heard the call for guidance from the HBA about how stations can adapt to current circumstances.

On behalf of HBA, I have been discussing with the Charity Commission for England & Wales the possibility of an additional model charitable object that stations could adopt either instead of, or in addition to the existing object of relieving 'sickness, infirmity and the disabilities attendant on old age...'

The change we have been discussing would allow stations to promote healthy living to the general population, in addition to, or instead of, entertaining and informing those who are already ill. The rationale behind this is that,

(a) the reconfiguration of the NHS reducing the number of people being cared for in healthcare institutions (and thus the number of people able to benefit from current hospital radio services), and

(b) the financial constraints and demographic changes requiring more people to put as little strain on the NHS as possible, by taking an interest in their own health and wellbeing and self-managing any long-term health conditions they may have, there is less need (certainly in some localities) for a traditional hospital radio station serving those in hospital and more need to encourage people to live healthy lives.

The reaction from the Commission is very positive; at the time of writing, the proposed wording is with their legal team to check that an organisation approaching the Commission for registration with this object would be deemed charitable.

As soon as we have further news, I'll let you know.

COPY DATE ISSUE 145 31st January, 2014

The Editor, On Air, 2 Falkland Close, Boreham, Chelmsford, Essex CM3 3DD Tel: 0870 321 6011 Email: onair@hbauk.com

RemoteMix 4 - OB Mixer / Hybrid

than just a field mixer; it is a full-blown communications interface. You can connect

RemoteMix-4 is much more upto 4 mics with switchable phantom power - two inputs are also mic/line switchable - and 4 headphones all with

individual level controls. For universal connectivity, RemoteMix-4 incorporates a PSTN hybrid with keypad for dialling, a PBX curly-cord handset interface, a cabled

mobile phone connection plus Bluetooth connectivity making it perfect for OB use. It is also ideal as a front-end mixer for your POTS, ISDN or IP Audio Codec.

Connections Matter

RemoteMix 4 - News / Sport / OB Mixer

Connects to:

- PSTN Line
- Telephone Handset
- Mobile Phone (incl Bluetooth)



4x Mic ins 4x Headphone outs 4-Wire 4-Channel Mixer Another thought - if you connect via Bluetooth to your computer, you get 4-way live mixing!



If you would like to get connected Tel: O2O-8579 2743 or E-mail: info@vtx.co.uk

Vortex Communications 75 The Grove, Ealing, London, W5 5LL www.vtx.co.uk

RemoteMix-4 is designed for live OBs, using 2x 9V batteries which can be changed whilst still "live". It also comes with a mains power supply. The Bass Boost adds some low end before sending the signal down the phone line and a soft limiter prevents overdriving the phone interfaces while the mixer XLR output is pre-limited. The various elements are all designed

If you would like to get your hands on a RemoteMix-4. call Vortex 020-8579 2743.

to work together and save

setup time in the field.

HBA Conference & Awards 2014: Bristol

The HBA Conference and Awards will be held in Bristol from Friday 28th March to Sunday 30th March 2014. Our venue will be the Bristol Marriott City Centre which offers delegates excellent accommodation, facilities and a great central location. This venue is located just eight miles from Bristol International Airport and a ten minute walk from Bristol Temple Meads railway station.

The annual Conference is a great opportunity to benefit from the many seminars, trips and visits to other broadcasting providers, browse the trade show and meet fellow volunteers from other hospital broadcasting stations from across the UK and exchange ideas and experiences.

This year we're planning to deliver seminars which identify with roles, functions, skills and knowledge for the volunteer. Whether you're a presenter, producer, committee member or trustee – there will be something for you. Some of the seminar subjects we aim to deliver will include social media, imaging, publicity and governance.

Our host region, Wales & West, are working with the Conference & Awards Team to offer delegates the opportunity to visit hospital radio stations within the region giving you the opportunity to share experiences and knowledge whether technical, presentation, administration or fundraising - in fact all aspects of hospital broadcasting. Sunshine Radio, BHBS and Radio Lollipop will be opening their studios for delegates to visit. We are also pleased to announce that BBC Radio Bristol will welcome our delegates' to visit their facilities during conference weekend.

It's very important for delegates to meet others and as always, part of Friday night's entertainment will comprise of the annual HBA Quiz, giving you the opportunity to mix with other station volunteers and compete against your fellow hospital broadcasters. Hospital Radio Plymouth, from our host region, has offered their services to produce and present our quiz.

Following feedback received last year, we are also working on other items will be published as soon as they are confirmed – so keep an eye on the HBA website for more details.

Friday, 28th March to Sunday, 30th March 2014



Our venue, the Bristol Marriott City Centre hotel is ideally located for those who wish to explore the historic city, shop or stroll. The facilities of the hotel are excellent and offer delegates spacious rooms with air conditioning, high-speed Internet access and 24-hour room service. The hotel 's leisure club provides cardiovascular equipment, free weights, swimming pool, steam room and sauna.

During Conference weekend, the HBA hold their Annual General Meeting and Informal General Meeting – your opportunity to attend and address the Trustees.

Saturday night at Conference allows you to dress up for the annual Gala Dinner and the National Hospital Radio Awards.

So if you've not been to Conference yet – there's something for you – what are you waiting for.

The Full Weekend Package includes:

FRIDAY

On arrival, try out the hotel's facilities, take a dip in the pool or

take a trip to one of our organised visits* to a local hospital radio station, local radio station and other places of interest.*

Then after your evening meal, a chance to network and take part in our Friday Night Quiz.

SATURDAY

With seminars*, trips* and visits*, trade exhibition, plus the HBA AGM and IGM – there's plenty to do. In the evening there's the Gala Dinner and the National Hospital Radio Awards.

SUNDAY

A chance to meet and hear from the judges of the National Hospital Radio Awards, perhaps take a stroll and see the local area and, if you're lucky, win a prize at the President's lunchtime raffle before heading home safely.

* Please note that seminars and trips may be subject to change.

It's easy to book Conference 2014.

We've made a slight change to booking for Conference, we're asking for each delegate's email address. This means that we can provide you with more information in advance of Conference.

We also aim to deliver your Conference brochure and arrival and registration instructions direct to your inbox so you can plan your weekend in advance.

Booking forms and more information are available on the HBA website.

We've managed to ensure that we can offer an excellent negotiated rate for all delegates. Full weekend and part weekend rates include all meals, accommodation and refreshments throughout the day.

Day delegate rates include refreshments and lunch.

Full Weekend Delegate Fri-Sun: £190 Single, £160 Twin

Part Weekend Delegate Sat-Sun: £147 Single, £132 Twin Day Delegate Sat: £30

Day Delegate Sat: £30 Gala Dinner: £50

We're sure the HBA Conference in Bristol 2014 has something for everyone and we look forward to seeing you and your fellow volunteers in Bristol.

Look out for the booking details and prices on the HBA website.

For more details visit: hbauk.com/conference and you can download a booking form.

National Training Day

An Associate Member's View

There's something a little different about the National Training Days you know.

Having been an HBA Conference goer for a while now, you roughly know who's likely to be there and who you can arrange to have a catch up with, a chat and maybe meet up with a few of their colleagues who you don't know.

But as I say, Training Days are different in the fact that there are a lot of people from stations who sometimes don't attend conference and therefore you get to meet new and different people from all over the country.

So I headed off to Birmingham, not only to meet some like-minded individuals but with the intention of learning how to fundraise and 'Friendraise'.

Now you may be thinking that if you've been in and around Hospital Radio for a while, thirty years in my case, you know all there is to know about the fundraising subject.

How wrong can you be. The days of standing outside a local supermarket or shopping centre with your shaking tin seem to be on the way out and what with the cost of licence fees, computer and studio equipment, etc ever on the increase, the days of managing to get enough money to meet your costs just from your annual Christmas Raffle are long gone.

Therefore a new strategy is required and that strategy on the 5th of October included Michael Lavery, Assistant Chief Executive of Teeside University and Director of Just Visiting.

Michael very confidently delivered probably the best seminar I've ever been to on this subject, packed with useful



National Training Day Saturday 15th October 2013

information, help and advice about how to go about fundraising but more importantly, as I said earlier, 'friendraising' in the hope that in the future those new found friends will assist you in raising funds.

We talked at length about fostering relationships with people who already support you and also those who can make donations to your cause, what grant-making bodies may want to see in any application that you may fill out and general good advice and practise that will make a real difference to our fundraising efforts.

There were only eleven people on this particular training track, just enough so everyone managed to get their point across without swamping Michael with specific details about their individual stations, which unfortunately can happen in some seminars. So in effect we all got almost a one-to-one with a marketing and fundraising expert and all for 15 quid!

The only drawback I could see from the day was the fact that there was not enough ink in people's pens to jot down all the information that was being relayed to us and every time I looked up from my scribbles, I noticed that's just what everyone else was doing, scribbling away trying to get as much information down as they could, no doubt to take back to

their respective stations and go about answering Michael's challenge for us all to raise £10,000 in a year!

It sounds incredible doesn't it. But apparently there are 11 billion pounds out there ready to be given to deserving causes and I firmly believe that entertaining patients and keeping them company whilst they're in difficult and trying circumstances via hospital radio is as deserving as any other cause out there.

Michael didn't stop there though, he offered to be our marketing guru and promised to look over everyone's 'elevator story' (how you would describe what you do to someone if you had five minutes with them whilst in an elevator together). So it's almost the 15 quid that keeps on giving!

By the end of the day, we were all a bit shell-shocked but really enthused by what we had learnt and taken away from the seminar and as is customary when you're having fun, the end arrives too quickly.

So over another drink and a bit more networking, it's time to say goodbye in the hope that everyone attending either track took something from their experience of Training Day and felt that it was a more than useful day.

There were over 50 people that were welcomed; the Training team of Jim, Brenda, Neil and Mel, so the word about how good National Training Days are is getting out there.

In the grand scheme of things and on balance, I would say that it's probably the best 15 quid I've spent in a long while and I'll let you know how I get on raising that £10,000. Wish me luck and I'll see you at the next one.

Richard Smith





The New Year's Eve BIG Broadcast

Following the great successes of previous events, The New Years Eve BIG Broadcast will take place live from studios in East Lancashire – presented by Richard Smith and his illustrious team.

With 36 stations in the UK and Ireland already signed up to receive it, the 20-hour marathon extravaganza promises to be the biggest vet.

Produced in partnership with Oscar Pet Foods and available to any hospital radio station, via an internet link, the broadcast starts at 4pm on New Year's Eve running until 12noon on New Year's Day and includes not just the best music from the Fifties to today but interviews with Radio Five Live's Tony Livesey and Buzz Hawkins, creator of the radio comedy The Bradshaws.

There's also live music from Kiki DeVille (aka Kristianne Robinson, a name you may hear on BBC One in the New Year). The A to Z of Pop's Trivia Challenge - a quiz for listeners to take part in, as well as our marathon request show which

will go out between 6 and 10pm on New Year's Eve.

Information about the stations taking part in their '15 minutes of fame' and following on from last year's trip around the Med, HBA President June Snowden will once again be our very own Judith Chalmers with regular reports and updates on 'June's Travels'.

With the Big Ben chimes at midnight getting your listeners into 2014, we think it's best way for your

station to bring in the New Year! Richard told 'On-Air', 'I'm really excited by the prospect of this New Year's Eve as almost 40 stations have decided to give their air-time over to us for the New Years Eve BIG Broadcast.

'Planning for the event started way back in September and has been pretty non-stop ever since then trying to organise things and arrange interviews, features and the like some of which are still in the melting pot so you never know who will be coming on to entertain us during the show.

'This will be the fourth time I've

been involved in the running of such a marathon event and each one seems to require more and more time and effort putting into it in order to try and entertain those listeners who find themselves in our Hospitals at that time of the year. I obviously couldn't do it without a tremendous amount of help and trust from all the stations currently taking part and in particular, my thanks go to the team at Auckland Hospital Radio who are once again providing all the technical and streaming facilities.

May I take this opportunity to wish everyone involved in Hospital Radio a very Happy New Year and if you'd like to send me either a 'good luck' or a 'Happy New Year' message for use on the show, please get in touch.'

There's more information all about The New Years Eve BIG Broadcast on Richard's website at www.theatozofpop.co.uk and there's still time for your station to get involved by contacting him from the site.

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ON AIR

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Regional Round-up

Hey guys – welcome to the regional roundup. I am hoping this will be a regular feature to shout out what is going on in the regions and really get the regions involved!

Already I've had the great pleasure of meeting so many amazing members and seeing a number of stations and the valuable work they do.

Here's just a few snippets from around the regions:

Radio Cherwell – Ian Pinnell (PC) had the pleasure of interviewing the Prime Minister including asking him if he thinks volunteers still play a big role in hospitals! (see full story elsewhere in the magazine).

Auckland HR – held a 24 hour broadcast

Radio Tyneside – secured a Lottery Grant for their studio upgrade

Borders HR – recently celebrated their 25 years

Radio Wexham – the OB unit is manic at the moment, there are now ten university scheme members and six members participating in the new AS level qualification through Trinity College

Get To Know ...

As you are no doubt aware, there have been some personnel changes in the regional setup, so one feature we will have in this section is a 'get to know ...' piece. This will give you a chance to get to know the regional team a bit better. So for the first one, who better than the three 'newbies' (including myself):



Melanie (Mel) Ive Nickname (past or present): The Iron Lady/Baroness (ask the Radio Wexham lot!) Roles (HBA and Station):

HBA Regional Manager/Trustee, Station Manager – Radio Wexham

When did you join Hospital Radio? 2009

What do you enjoy about Hospital Radio?

Meeting people, putting a smile on patient and staffs faces, learning new skills, challenging myself, having fun!

Favourite Music/Artist? Depends on my mood. Michael Buble, Phil Collins, Creedance Clearwater Revival, 80's pop, Queen, Madness (to name a few)

What do you do outside of Hospital Radio?

I work in a school specialising in performing arts and PE (yes a sporty drama queen!). I am involved with Middlesex Hockey (the nasty person who hands out suspensions!) and also involved with cricket both at local, national and international levels (my highlight was my friend debuting for the West Indies & meeting the Windies team!).

If you were hosting a dinner party which five people would you invite (dead or alive):

Dame Helen Mirren, Dara O'Brien, Jessica Ennis, Mother Theresa, Freddie Flintoff



lan Pinnell
Nickname (past
or present):
Pinnell
Roles (HBA and
Station):
Regional Rep for
the Home
Counties and
Programme
Controller at

Radio Cherwell

When did you join Hospital Radio? 2006

What do you enjoy about Hospital Radio?

Meeting the patients and ultimately bringing a smile to their face. Also the great teams you get to work with and all the experience it brings.

Favourite Music/Artist: Anything that has a good beat!

What do you do outside of Hospital Radio? Run my own business making jingles and editing audio

If you were hosting a dinner party which five people would you invite (dead or alive):

That's a tough one, I'll get back to you on that!;)



Steve
Hickman
Nickname (past
or present):
Tinkerbell
(Thanks to work)
Roles (HBA and
Station): I am
the New boy on
the block in
London HBA.

Aka London Regional Rep. I am also a Presenter on HR Hillingdon and the Chairman of HR Hillingdon

When did you join Hospital Radio?

I joined as an unofficial helper in 1992 ages 15. Then officially in 1993 aged 16. For those of you trying to do the maths I am 36 now lol.

What do you enjoy about Hospital Radio?

I enjoy the challenge my role as Chairman throws at me. I enjoy keeping the channels open between us and the Hospital Management. I also enjoy doing shows and speaking to the patients. Some of them are really funny.

Favourite Music/Artist:

I love a real mixed bag. I think you have to really to be in Hospital Radio. Anything from Classical to Rock n Roll, to 90's Dance. A few artists off the top of my head are ELO, Queen, A1, Livin Joy, Baby D, Michael Buble even Steps! I know I am sad Iol. Basically anything with a foot tapping beat and some lyrics. Definitely not Rap.

What do you do outside of Hospital Radio?

I am an EMT for London Ambulance Service NHS Trust. It's funny as sometimes I take a patient to hospital and then meet them again whilst collecting requests. The look on their faces is amusing.

If you were hosting a dinner party which five people would you invite (dead or alive):

The Lads from A1, The Lads from McFly. I have met both bands and they are lovely people. Matt Damon, Robin Williams, Kylie and HM Queen Elizabeth. Hey it's a large table lol

And finally ...

The regional reps keep me updated on the activities going on in their regions but cannot do it without your help and support, so why not take the time to drop a quick line to them about what is going on at your station!

The regional team are here to help, advise and support you and your stations but I am always on the lookout for more willing volunteers to help out at a regional level.

As the saying goes, 'many hands make light work'. You might think it's a lot of work, or you've not got the knowledge ... don't stop, just ask!

If you have any queries or proactive suggestions it would be great to hear from you!

Finally, if I don't have the pleasure of seeing you before, I really hope you, your families, your stations and your hospitals have a wonderful Christmas and an amazing 2014!

Merry Christmas Mel



CAN YOU HELP?

The Trustees of the HBA have identified that assistance is required to progress the association and support its membership. The roles identified below are available to any volunteer of a Member Station or any Associate Member. If you are interested in either of these roles, want to help the association's aims and objectives and work as part of a team then please contact the Membership Manager by email - membership@hbauk.com.

- **HBA Minutes Secretary**. This important role records the minutes and actions of meetings held by the Trustees of the Association. Trustee Board Meetings are held every other month and the Annual General Meeting is held during Conference. This role requires attendance at the Trustee Meetings. Good communication skills including a proficiency in IT applications would be advantageous.
- HBW Co-ordinators. The Association wishes to commit to Hospital Broadcasting Week. However to do this we need Co-ordinators to engage with Member Stations, share ideas and best practice and to liaise with Member Stations by providing resources, opportunities and communication. These roles will require individuals with excellent communication and organisational skills and the ability to engage and enthuse fellow volunteers from Member Stations wish to promote Hospital Broadcasting Week. Working as part of a team is also important.
- On Air Editorial Assistant. Michelle Newstead, Editor of "On Air" requires assistance from an enthusiastic volunteer who would like to help drive the changes needed to re-focus the Association printed magazine. If you have a flare for the narrative, wish to be part of a small team and can spare time to assist collating and editing material suitable for publication, then we'd like to hear from you. This is a great opportunity to develop skills in the printed media.

Full role profiles are available on request. These roles provide a great opportunity to support HBA and enhance and develop individual skills and abilities.

Can You Help? Web Developer



The Hospital Broadcasting Association is now looking for proposals from web developers for a brand new HBA website for launch during 2014

There have been a few setbacks over the last year but the Association will soon be releasing a specification and asking interested parties to submit a proposal.

This specification offers web professionals the opportunity to develop on a virtually blank canvas.

The HBA is looking for a professional who can offer an off-the-shelf and preferably open-source solution to take the Association forward.

The HBA website request for proposals is now available to download from the website home page.

The deadline for proposals is 31st December so that the Trustee Board can approve the successful bidder at the January 2014 Trustee Board meeting and work can get started.

Darren Whittenham-Gray Minutes Secretary darren.whittenham-gray@hbauk.com

June's Travels



I cannot believe how quickly this year has gone and Christmas is now around the corner.

I regret it has not been possible to visit as many stations this year due to the fact that I fractured my humerus in two places so along with having an operation to repair it and my arm in a sling for nine weeks, I was grounded for much longer than I would have liked.

However, I am pleased to say that I have been able to recommence station visits now and am trying to get back to normal.

Recently I was delighted to be able to go along to Hospital Radio Barnet for their 35th anniversary quiz as well as present Long Service Certificates and also attended Radio Addenbrookes Members meeting.

Shortly I will be going along to Hospital Radio Bedside's AGM in Bournemouth. In addition I will be visiting Stoke Mandeville in early December and look forward to those visits.

I was able to maintain the printing of Long Service Certificates and I am delighted how many requests I receive.

Certificates are issued for 10, 15, 20, 25, 30, 35, 40, 45, 50 55, years, etc and where possible I would love to come and present them if that is what you would like in your station – whatever the occasion.

However, as in the past few months, other committee members would be more than happy to come along if I cannot make it.

I have issued 341 Long Service Certificates for members this year to date for 70 stations and the



Frank Heinley and Gary Lakin of HR Barnet receive their certificates from June



June presents Long Service certificates to Alan King and Phil Murphy of HR Barnet

total number of years those certificates amount to is a staggering 6,560 years which really does make you appreciate just how many dedicated, committed hospital broadcasters we have in the UK and I believe it is so important to acknowledge this and thank you all for your hard work, dedication and commitment. So please do continue to request certificates from me and I will do my best to produce them as quickly as I can.

The HBA also provides station certificates recognising the dedication and commitment of the station to the community it serves and again please apply to me.

Looking to 2014, it is quite a milestone year for me, especially as I will be celebrating 40 years in hospital radio. Therefore I am looking to visit at least 40 stations during the year to mark this. I already have several visits in the diary for the year and more in the planning stages, so if you would like to be included then do please let me know. I will look forward to making as many visits as I possibly can fit in. I hope many of you will be thinking about coming to conference taking place in Bristol in March – the first time we have taken a conference to Bristol since the autumn of 1975 when we all staved in Bristol University. Please also bear in mind that there is an opportunity to apply for a Bursary to attend - there are only two places available and we look forward to receiving

applications which will be available on the web site in due course.

Thank you to those of you who have welcomed me to your stations this year, I really appreciate your hospitality. I hope you have a great Christmas, I wish you all a very Happy New Year and I look forward to seeing as many of you as possible in 2014.

Best wishes
June Snowden
President, HBA

Cherwell Riding High

Member Awards

The Annual General Meeting of Radio Cherwell took place in September and this year saw an amazing total of 185 years Long Service awards being presented to its long-standing members.

June Snowden presented the certificates to Jason Townsend (15 years); Robin Lambert; Michael Reinhold (20 years); Michael Clarke (25 years); David Brown, Paul Lucas and Peter Sparrowhawk (35 years).

Amongst the awards being presented, our special 'Peter Baker Award' was presented to Hannah Wharton 'for her dedication and commitment to the well-being of the patients in the Oxford Hospitals'. This is an award which is presented to newer members of the station who have got heavily involved with many aspects within their first few years of membership through fundraising activities, attending publicity events, getting out on the wards and visiting the patients, passing the necessary tests to present and broadcast their own shows, being an active member of the team and helping others.



Hannah Wharton

Prime Minister Visit

Also in September we were lucky enough to have the Prime Minister, Mr David Cameron visit the Oxford Children's Hospital to meet with patients and staff. Radio Cherwell were lucky enough to have a five minute interview with him.

Ian Pinnell, our Programme Controller, asked him how important it was for NHS Trusts to gain Foundation status?



Prime Minister, David Cameron, is interviewed by Ian Pinnell

Mr Cameron replied, 'I think it helps to have Hospitals taking on Trust status, because it gives them more independence and freedom to manage their resources on behalf of their patients and I think Trust status is a good thing'

... and how important he thought volunteers were in the NHS?

'I think they've always been important, particularly when you represent a constituency like mine, where you've got small community hospitals like Witney and Chipping Norton, the League of Friends and the work they do has always been vital to this hospital. It's maybe something we don't celebrate enough, don't talk up enough but even in the big hospitals, the volunteers and friends, the people who help out make a big difference'.

Amongst the seriousness of the interview, there was also a fun side, where he was asked what his favourite song was ... 'All These Things That I've Done' by The Killers. But I have a wide taste in music generally from 'The Beatles' right through to 'Elgar'.

Speaking of the interview, lan said, 'It was a pleasure to interview our Prime Minister and certainly one of the highlights so far of my time at Radio Cherwell'.

To hear the full interview visit: https://soundcloud.com/radiocher well

Special Broadcast

Ten years ago our very own Vice Chair, John Lant, was diagnosed with Leukaemia. On 30th October 2003. John's sister became his stem cell donor enabling him to have his transplant. To mark this occasion, John wanted to do a very special broadcast from the Cancer and Haematology Centre at the Churchill Hospital, Oxford University Hospitals NHS Trust. He was joined by some of the Nursing Staff that looked after him. the Consultant who treated him and the current Churchill Hospital Chaplain.

This special broadcast took place during the 'Hospital News' on Monday 28th October 2013 with Neil Stockton, John Lant, Natalie and Paul Higgs.



John Lant and Staff Nurse

Sweet Music for Poorly Kids

Radio Lollipop offers children a haven of normality during their stay in hospital. Not only does it provide a hospital radio service but it also provides youngsters with fun activities to take their mind off their illness.

John Carpenter, Chairman of Radio Lollipop at the Royal Manchester Children's Hospital in Oxford Road in Manchester, explained that any money raised from the Wish List will go towards buying craft materials to bring smiles and laughter to kids at a time when they need it most.

He said, 'We get through a considerable quantity of craft materials like crayons, glue and stickers. Without the money to buy these materials we simply couldn't operate.'

Although the priority is always the patient, Radio Lollipop aims to provide care and entertainment for all adults and children.

John, who has been with Radio Lollipop for 18 years, explained how parents often need support while their child is in hospital.

He said, 'We can offer them



Singer
Oliver
Garland
visiting
Radio
Lollipop
which is
based at
the Royal
Manchester
Children's
Hospital

activities such as Sudoku, puzzle games or even therapeutic colouring. Sometimes they just want to chat, so we try to make sure there's always someone to speak to.

'We aim to provide entertainment for kids of all ages and their families. Even babies love to play with a balloon.'

Although Christmas tends to be very busy with events at the hospital, John explained that January can be a particularly

tough time for the children.

He said that their friends return to school and the wards become quieter, so this is when Radio Lollipop becomes so important for children.

'There's nothing more wonderful than seeing a child who's been glum, smile for the first time and we need to make sure this continues.'

Radio Lollipop manchester@radiolollipop.org

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News Round-up

New Volunteering Website

A new volunteer recruitment website has been launched enabling charities and volunteers to share role postings and profiles for free. The ICAEW (the Institute of Chartered Accountants in England & Wales,

icaewvolunteers.com) follows Lord Hodgson's review of the Charities Act 2006.

The site is primarily for ICAEW members to volunteer and not-for-profit organisations to find skilled volunteers with business and financial skills (see http://www.icaewvolunteers.com/staticpages/10/about-us/).

The review concluded charities 'struggle to find trustees with specialist skills' and 'many also need the managerial skills business can provide.' The website comes in direct response to the challenges charities face in finding volunteers with business and finance skills. It allows unlimited, free role postings for all not-for-profit organisations, including charities, schools and social enterprises. Any role can be added and the website is free to use by anyone.

Hospital Radio Volunteer selected



Uma Kumaran, a member of Radio Northwich Park, has been selected as the Labour Party's candidate for the 2015 general election.

Uma was selected as the party's candidate for Harrow East and will battle it out against incumbent Bob Blackman PM.

Ms Kumaran has been involved in a number of campaigns in the

borough with Harrow West MP Gareth Thomas and is a volunteer presenter at Northwick Park Hospital Radio.

The 27-year-old said, 'My parents fled to Britain over 30 years ago in the midst of civil war in Sri Lanka and worked hard to rebuild their lives and raise a family in Harrow.

'Harrow is a great community that has given me and many others so much.'

Presenter Celebrates



Connal Cather, who recently turned 90, still broadcasts a weekly jazz music programme on Hospital Radio Plymouth, which broadcasts to Derriford Hospital and the Royal Eye Infirmary.

On his Thursday show, Connal covers dance bands of the pre and immediate post-wartime era.

Connal has been doing do so each week for the past 43 years.

He was one of the early founding members of Hospital Radio Plymouth, joining the station in 1970 just months after it first took to the air.

His broadcasting colleagues held a surprise party for him at the studios to celebrate his birthday.

It's the latest milestone for Connal, who was presented with the John Whitney Award in 2008.

He was also named as one of the country's Diamond Champions in 2012, an award for over-60s issued as part of The Queen's Diamond Jubilee.

Hospital Radio Plymouth station manager Andrew Hill said: 'Connal is amazing. His enthusiasm and dedication is undiminished despite his advancing years and he is a true inspiration to us all.'

While Connal is believed to be the oldest male volunteer broadcaster in the UK, he has a year to go on his female equivalent, Margaret Leigh-Jones, who started broadcasting earlier this year at Hampshire's radio station Angel FM at the age of 91.

The world's oldest active broadcaster is believed to be Maruja Venegas, a 97-year-old radio announcer in Peru.

Fellow hospital radio presenter Roger Williams said, 'He has shown incredible commitment over such a long period. And he still plays the sort of music he really loves, which comes from his youth.

'People in hospital tend to be on average over 60, so that music appeals to them.'



Connal celebrates with station colleagues Tom Richards, Rachael Dodd, Andrew Hill and Joseph Morel

Thirty Wonderful Years for Wulfrun

There was a distinct party atmosphere on 27th September 2013, when Radio Wulfrun commenced its 30 hour Marathon Broadcast to celebrate its 30th Birthday.

The beginning was marked at 12 midday with 'Music for the Royal Fireworks' by George Fredrick Handel, followed by the all star recording of the late Lou Reed classic 'Perfect Day'.

Radio Wulfrun began life back in 1983 and was the brainchild of Alan Price and a dedicated team of volunteers who saw a need for a service that would entertain the patients at New Cross and the (now defunct) Royal Hospital in Wolverhampton. Such was the enthusiasm that with the help of various businesses within the town (prior to its current City status), the project came to fruition and the station went on air in late September 1983.

Fast forward 28 years... several volunteers, four Chairmen and a new purpose built studio complex... and in a Committee meeting in early 2011, plans were looked at and ideas drawn up as we began to discuss ways of marking the big Three Zero.

With time on our side, we began to look at inviting as many previous members back as possible for a 30th Birthday Party as well as a 30 Hour broadcast to raise funds, awareness and to celebrate this milestone.

With the help of the local newspaper, we were able to reach out to those we could not contact direct and plans came together under the curatorship of Timothy Dews, our Vice Chairman.

By midday on 27th September, we were ready to begin with the knowledge that 30 hours would soon pass in the blink of an eye. As Chairman, I opened the proceedings with the tracks outlined and then looked forward to the first two hours. I hasten to add that I had an experienced copresenter in June Snowden, who joined us for most of the first day of the broadcast. June was an excellent guest both as an interviewee and as a fellow presenter. The story of her beginnings in hospital radio and her experiences and subsequent



Presentation of the 30 year certificate

role as President was a joy to listen to. We also had a visit from our patron, Baroness Heyhoe-Flint, who joined us from 1.15pm onwards ... finally, after 26 years in hospital broadcasting, a President and a Baroness (not only from the House of Lords but also a Member of MCC Lords). Was this my highlight in broadcasting? All this and the local newspaper's photographer as well as Jocelyn Lloyd's 25 Year certificate presentation and the Station's 30 Year certificate.

I must add that a number of members were also present from the start and I thought at one point with about seven people in the studio this was like tardis-type 40.

At 2pm, I handed over to Michael Byrne, our Training Officer, who took the first requests from Programme Assistants Joyce Cull (Sunday Morning presenter) and Peter Lloyd, our Treasurer.

Following the departure of Rachael to another engagement and with stomachs beginning to rumble, we settled down to afternoon tea which had been arranged by Jocelyn Lloyd, a presenter and our Recruitment Officer and included sandwiches, cakes, scones as well as countless

other delights, leaving everyone feeling well satisfied.

June was able to be with us until late afternoon and then those members who were not available earlier began to arrive, starting with Huw Griffith, our Anglo-Welsh presenter, who also collects requests, which is not out of the ordinary apart from the fact that he is wheelchair bound but this does not stop him from taking an active role within the station.

Taking us into the evening and past the Witching Hour were John Romney, Presenter and Programme Assistant and Nigel Byard, Presenter and an original member who after some years away decided to re-join us. Both were used to Fridays as their normal slot but as John remarked later, it was strange to do from midnight until 1am when being used to broadcasting from 7-8pm every week.

As anyone who has ever done a broadcast such as this will realise, the star is the volunteer who is prepared to sign up to the overnight shift, aka 1am-6am. Step forward Mark Chapman, presenter and engineer, and Michael Byrne, who came back for a second bite of the cherry.

Thirty Wonderful Years for Wulfrun

I cannot thank them enough as this is always the slot everyone tries to avoid. From feedback, I am aware both enjoyed the experience even when Mark was attending a function on the Saturday evening and Michael had yet to get any sleep having been up for about 27 hours.

Their stint coming to an end and the rising of the sun heralding a new day signalled me to return for early breakfast from 6am-9am clutching a large cup of very strong coffee. Commencing with 'Mornin' by Al Jarreau, 'The R4 UK Theme' and finally 'Morning Dance' by Spiro Gyra saw the programme start on an upbeat and bright note.

By 6.15am all thoughts of early starts were banished and a highway of music stretched ahead with only the knowledge that a combination of genres would mix until 9am. By 8.40am it was good to see Dave Ward, my old sparring partner from Wednesdays, enter the building and prepare for his programme at 9am.

With breakfast done and the dishes metaphorically stacked away, the airwaves were Dave's as his 'Midweek Melee' morphed into his 'Saturday Morning Brunch', complete with muffins and brioche. As his programme began to track to noon, he was joined by Anne Barrett and guests Adam Ward (yes, Dave's Son) and Jamie Angus, not only a good friend of Adam but also a work colleague of mine (it was his photographs which add to the rumour that I missed out on a breakfast treat!).

Throughout these hours, requests were coming in via our programme assistants and the variety of music as always provided a patchwork of styles and decades that make up hospital radio.

As noon approached and we moved into Day Two, Jocelyn Lloyd took her place to steer Wulfrun through until 3pm. Again requests would be the main ingredient, this time collected by Alma Platt and Peter Lloyd but also there would be 'The Vintage Comedy Slot' as well as Andre Rieu taking centre stage as the featured artist. Jocelyn's style of modern tracks segued with Big Band classics meant Saturday lunchtime was a mix of something old and



David Ward with guest Jamie Angus of the Express and Star

Below left: Jocelyn Lloyd receives her 25 year Certificate from June Snowden

Below right: Richard Stanton and his 30 year certificate



something new.

By 3pm, we were within touching distance of completion of our 30 hours and the baton was passed to Timothy Dews, our Vice Chairman, and Secretary. Once again we had a great response on requests and Tim slotted all the components of his programme together with a sprinkling of old favourites, as well as classic and contemporary folk, his speciality.

As we entered the last hour, we drew the strands together playing folk and country music and announced all the winners of our prize draws throughout the Radiothon.

The final song played was fitting in its own way. We had begun with 'Perfect Day' and the hopes that the whole endeavour would be a fitting celebration to all our current and past members, some sadly no longer with us. To conclude with



Nanci Griffith singing 'From A Distance' brought the entire venture full circle. The spirit embodied in hospital broadcasting borne out in the lyrics of Julie Gold.

The following weekend saw many previous members join us to celebrate this milestone with a special party to remember the last three decades. This was a time for recollections, memories and looking back on good times. It was also a time to reflect on the whole ethos of Radio Wulfrun and the original team who made it possible.

In conclusion, thank you to all our members who took part and to those who have given their time in being part of The Radio Wulfrun Story. Happy 30th birthday Wulfrun.

Richard J. Stanton Chairman, Radio Wulfrun

Bursary Report

I must offer my sincere apologies to Hayley Redmond, deserved winner of the Gold Award in Best Specialist Music category at the Hospital Radio Awards, for the appearance of the wrong photograph with her article.

I have taken the liberty of running an abridged version of her report together with the correct photograph.

So sorry Hayley.

Attending this year's annual HBA Conference in Blackpool was a thrilling opportunity for me when offered a bursary to attend.

My one-hour radio documentary had been shortlisted for 'Best Specialist Music' category, so it was a whole new experience and quite a reward after volunteering at City Beat Radio (UCLH Hospital Radio) for the past two and a half years.

I arrived in Blackpool on Friday afternoon from London and after a warm welcome from the conference organisers, signed up for some of the many trips available over the weekend. The first was to visit local hospital radio station 'Radio Victoria'. It was interesting to meet the team, see their set up and chat about how they function. It made me appreciate how lucky we are with our facilities and the ample space we have in our two studios.

I had the opportunity to visit a city I had never seen before, relax in the luxury hotel and use their spa facilities. I was able to talk to other volunteers from hospital radio stations around the country. That was what was so great about everyone being in the same environment for the weekend. I bumped into Paul Sylvester from Absolute Radio in the lift and then attended his seminar on programme preparation - Fail to Prepare, Prepare to Fail. I took copious notes which gave me a better insight into radio broadcasting, from a hospital radio perspective to a leading radio production company - we all have to function in a similar vein when preparing your radio programme and thinking about your audience.

My colleagues from City Beat joined me Friday evening for the Quiz and we divided ourselves over the weekend to attend the different seminars which included station branding, fundraising, the AGM, learning the laws within broadcasting and seeing what was on offer at the Trade Show and the different studio equipment available.

The highlight was the Gala Dinner and Awards Ceremony on Saturday evening, a very glamorous occasion and laid out beautifully from the stage lighting to the candle-lit dining



experience. It marked how important the Hospital Broadcasting Association is and how many people offer their services on a voluntary basis – including all the organisers. It offered an opportunity to learn about other hospital radio stations and their different styles of programmes.

When the category was announced for 'Best Specialist Music Programme' our table was on tenterhooks as this was the one my programme, 'I'm in the Mood For Love – The Story of Jimmy McHugh' had been shortlisted for. Bronze and Silver were announced and I thought that was it and then they announced that the Gold went to 'City Beat'. I rushed up to receive the award with my extremely high heels!

An extra bonus for me was being given a Sony Digital Radio giving both the station and myself something for our mantle pieces! A real evening of celebration and the music and dancing carried on until the wee small hours. I thoroughly enjoyed the weekend as it was so informative and enjoyable with the added bonus of being in a relaxing environment with lots of friendly faces.

I am extremely grateful for the opportunity to attend and for receiving my first award for something I am very passionate about. I now have a much better insight of how beneficial hospital radio is for the thousands of patients listening throughout the country. It's an honour to be part of this and I hope to contribute to it much more in the future. Thanks again to everyone involved!

Hayley Redmond

National Request Charts

I'm Mark Snowdon, from Radio General, Warrington General Hospital's radio station. As a continuation of work over the past nine years, I am asking you for some assistance. I am in the process of planning a special radio programme to unite hospital radio stations in one cause ... requests and dedications.

I am planning a complete 'Request Chart' with combined information from a number of hospital radio organisations in order to produce a definitive 'request chart' for the UK, equivalent to the 'best ever' polls found in music magazines and radio stations.

I also intend to produce a one hour (57 mins 35 secs) programme containing the top 15 most requested songs overall in 2013 across participating hospital radio stations. More specific details of timings and idents at a later date.

For all this to work requires your input as a hospital radio organisation. Currently all I require is your approval of participation to the scheme. Further details to be given depending on your decision to participate which will involve a transfer of data on your collected requests throughout 2013 (with a deadline on delivery of Thursday, 9th January 2014), details of any customisation to the schedule of the show, and, of course, your approval of the finalised product.

The following time frames will be used:

1. Confirmation of participation to the charts, due by 31st December 2013

2. Handover of raw data of songs/requests collected – due by Thursday, 9th January 2014

3. Confirmation of take up of the programme by either CD or download, due by 13th January 2014.

Previous charts have reflected the personality and persona of all our patients who we are here to entertain. This will be the tenth National Request Chart I have produced and I anticipate more participants than ever as word has got around! Also, to celebrate the tenth chart, I have enlisted the help of professional voice-over artist Claire Anderson to give our programme a further professional feel. I hope you can join me in helping to provide this light entertainment in a united front for this special event.

Please reply as soon as you can so I can make appropriate preparations.

Mark Snowdon http://www.requestcharts.org.uk mark.snowdon@radiogeneral.co.uk

Data Protection Breach Highlights Using Personal Devices

Most HBA member stations are registered charities running on a tight budget and we know that because all of the HBA's volunteers have had the same experience whether it is as an active member of a station's management team now or in the past.

One of the more recent ways that many volunteers have helped their stations is through using personal computers, electronic devices and cloud storage.

Recently, a case investigated and upheld by the Information Commissioner's Office (ICO) was against the Royal Veterinary College where a member of staff used a personal digital camera to capture images of passports from job applicants. The digital camera, complete with images, were later stolen and the data breach was reported to the ICO who investigated and found that there was no policy in place for the management of employees using their own personal devices in the workplace.

If you are a volunteer who holds personal information on a database, on a computer or a memory stick, then you should make sure that you have done everything you can to protect it from loss or data corruption.

Trustees of organisations should make sure that information being stored is both appropriate and secure and this can include:

- Only keeping as much information as you need for the time that you need it.
 - That data is encrypted and where appropriate password protected.
 - That it is necessary for that volunteer to have access to the data away from the organisation.
 - That there is a recovery process in place in case the data is lost or the volunteer leaves.
 - That there is a secure back-up if the data is lost.

Having a clear policy on using personal devices for volunteering purposes will not only help your station to keep its information secure but also help your volunteers have boundaries on what is and is not appropriate.

There is so much more information that will help your organisation to remain safe in the digital age and the Information Commissioner's Office has a wealth of information that is free to browse and download including a Think privacy toolkit and all this can be found at: http://www.ico.org.uk/for_organisations/sector_guides/charity

Most hospital radio stations qualify for an exemption from the need to register with the ICO because:

- Profits are only used to re-invest in the organisation (ie not shareholders or station management); and
- Data is only processed to establish or maintain membership or support; and
- Data is only processed to provide or administer activities for member of the organisation; and
- Data is only shared with people and organisations necessary to carry out the organisations activities; and
- Data is only kept while the individual is a member or supporter or for as long as necessary for member or

We need your help!

I have taken on the role of Chairman of the Patient Entertainment System committee and am looking to reinvigorate the work of HBA on behalf of member stations.

I am looking for a volunteer to represent the users of the Hospedia T2 system on the committee as at present there is a vacancy covering this machine. We have one user of each the providers technologies on the committee. I do not believe the time to carry out the role will be overbearing nor is there need for technical nous.

I would also like member stations to share their concerns and experiences with me by email to allow me to compile common issues to raise with the various providers.

Perhaps if stations can detail which provider, model of equipment, summary of problem, who they contact and how their issue was resolved, etc, I would be delighted.

Graham Medhurst 0870 765 9611 southeast@hbauk.com

David March

1977-2013



Radio Mayday's Chairman David March died tragically on 12th October in Snowdonia aged just 36 years old. His death was caused by a fall whilst walking across a popular mountain spot in the Ogwen Valley in Snowdonia.

Since David passed away everyone who worked with him has reflected and shared their memories of their time with him and there has been a unifying feeling that David was a kind hearted and hard-working man who always had time to offer his help.

I knew David from our work together on the committee and I can only echo these thoughts. Much of the work he did was behind the scenes and his modest nature meant it was easy to forget that David was at the heart of many projects that has ultimately kept our station running.

His interest in hospital radio went right back to his teenage years, when he was encouraged by his parents to take on a Saturday job. Instead David felt that a volunteer role at his local hospital radio station would be a more worthwhile way to spend his spare

time and an opportunity to give back to his local community. Since then, whatever town that his studies or work took him to. he would seek out the nearest hospital to get involved with. Radio was also part of David's professional career. He worked as a Studio Manager for the BBC World Service in the languages production team, which nicely tied in with his personal interest in languages. This interest was also reflected in his extracurricular activity of learning Welsh, which he was progressing very well with. David was at Radio

Mayday for nearly ten years and stood as Chairman for around three. He was a very hands on Chairman who had a clear vision of what we could do to make our station the best it could be.

One big change he brought was upgrading our playout system, organising a revamp of our jingles and polishing the schedule, which for the patients meant a more professional sounding output. He also scheduled in specialist music shows – David's own being a folk show – which gave our presenters the opportunity to express their passion and knowledge for their favourite genres.

July 2012 marked Radio Mayday's 40th anniversary and David led the way with ideas and the organisation of our celebrations. After a few revisions to the name, David declared that the day would centre around the Big Birthday Broadcast. It was great day – I think for many, one of our fondest memories.

As always, David made sure the day focused on the patients, with members collecting and broadcasting song requests throughout the day.

We organised a party and David suggested we invited ex-members, knowing how instrumental they had all been in our 40 years of broadcasting. It was also a chance to celebrate our hard work, including David's, who was awarded a long service award by June Snowden at the party.

David was never short of ideas for projects and didn't view Radio Mayday being a hospital radio station as any reason why we shouldn't broadcast to the highest standards. An example of this was in 2010 when David decided we should create a show about the General Election. He asked me to help, which included pre-recording interviews with the candidates and also being live at the school in Croydon where the votes were being counted. It was an excellent experience to be in the middle of such a buzzing atmosphere, reporting like a professional at a big news event - even though it involved staying up until 6am! It was something I never would have done if David hadn't approached

David had also volunteered at Whitechapel AM for over 12 years, many years as Head of Programming. Even when he had left the station, he never truly left, still offering assistance and support when needed.

Reading the tributes left by current and ex-members, it's clear that he left his mark with his caring nature, quirky sense of humour and overall love and dedication for the station.

We lost David so young and so suddenly and I feel it's a great shame there's much I didn't get to know about him. But the truth is that while he worked quietly and modesty, he was creating a legacy that probably even he didn't realise.

Hospital radio was something David held very dear and he understood the positive effect it can have to both the listeners and volunteers. We will be forever thankful for his dedication towards Radio Mayday and hospital radio as a whole. His passion will stay with us as we continue to work towards creating the best station we can for the patients.

Vanessa Maynard Treasurer, Radio Mayday

BHR1287Sixties Event



BHR1287 would like to thank our presenter David Firth and his singing coach Lynne for organising the Sixties evening where funds were donated to Basildon Hospital Radio.

The concert was held at The Rayleigh Mill who kindly donated the hall for the event. The evening was a non-stop fun packed event with the continual rending of those long forgotten tracks played on the Dansette record player.

Our presenter David Firth sang a set of Elvis songs giving an extremely polished performance. The Jukebox Duo also performed along with The Sundaes.

It was a well organised evening and a sell out with over two hundred people, some enquiring as to when and where the next event would be.

David and Lynne's efforts raised over a thousand pounds for Basildon Hospital Radio for which we thank you.

Jacqui James, Chairman

Happy Birthday Radio Lollipop Bristol

Radio Lollipop Bristol held a circus themed birthday party in September to celebrate 29 years of broadcasting. The party took place during Radio Lollipop Bristol's Saturday session. The playroom was decorated and circus themed activities and games were laid out for the children to enjoy

Lollipop volunteers donned party hats and performed and taught circus skills to the children and their families including spinning plates and juggling. Bristol lolliboss Kate Harris, dressed as a circus ring leader, accompanied the activities running a special two hour live radio show, taking the children's song requests and



Tom Lonsdale, Emma Worley and Kate Harris at the birthday party

organising circus themed competitions for the listeners who couldn't make it into the playroom.

The fun didn't stop there as the Bristol lolli-vollies took to the wards with a hundred birthday goody bags. Emma Worley, Monday night volunteer, helped deliver goody bags to children in hospital.

If you would like to find out more about Radio Lollipop visit radiolollipop.org

After more than thirty years as an entirely volunteer organisation Radio Lollipop has grown to include over 10,000 volunteers operating 26 hospital radio stations in five countries. Since 1979 Radio Lollipop volunteers have helped nearly five million sick children in hospitals and reached over 13 million people worldwide.

Thank You Hospital Radio Hastings

Hospital volunteers were thanked for their services to patients at the Conquest Hospital, Hastings at a Volunteers Celebration Event. The ceremony was attended by around 70 volunteers and some received certificates for their long service. A total of 36 achieved 10 years' service and one person had volunteered for 30 years.

Mick Brooks, a volunteer for Hospital Radio Hastings, was presented with his 10-year certificate. He said he had spent a lot of time in hospital and had to give up work so needed something to do and a friend suggested volunteering at the hospital. He went along, had an interview and has been there ever since.

'I do a couple of hours a day on Tuesdays and Fridays. It's good fun working with such a great team. I find the work rewarding because I am giving something back to the patients by entertaining them. I would recommend anyone with some time to spare to join the volunteer helpers in our hospitals.'

Richard Sunley, deputy chief executive of East Sussex Healthcare NHS Trust, said, 'We are extremely grateful to the work undertaken by the many volunteers in our hospitals. They all share one common thing – they give the precious gift of time.'

Survey No Surprise

Lloyds Pharmacy's recommendations that music as a healing influence to patients has come as no surprise to broadcasters at Ipswich's Hospital Radio station.

Lloyds Pharmacy's survey found four in ten people living with persistent pain say listening to their favourite tunes helps them relax and feel better.

The station's staff know first hand that music is calming and therapeutic.

Correspondence from listeners has told the station how listening to Hospital Radio Ipswich has helped them relax and sleep at night.

Others have told the station's staff how hearing their favourite piece of music has cheered them up.

More info, including results of the survey from http://www.lloydspharmacy.com/e n/info/lloyds-pharmacy-pain-relief

Station honours over 250 years of service

Hospital Radio Ipswich volunteers were recently recognised by the HBA for their long service. Station staff were presented with certificates at the recent AGM totalling an incredible 255 years of service. Certificates were given for five, ten, 15, 20, 25 and in two cases 35 years.

The longest two serving members, Gwenda Gibson and John Alborough, both joined the station when it was based at Anglesea Road Hospital.

High scoring quiz

Hospital Radio Lion wants to thank all those that attended their quiz on 14th November at The Bricklayers Arms in Shamley Green courtesy of Carl and Paula who turned the pub over to the station for the event.

The event was attended by over 70 people in teams pitting their wits against each other, many of whom had arrived early and took advantage of the delicious food available from the kitchen.

Teams consisted of friends and family of Radio Lion's members, hospital staff, as well as regulars of 'The Brickies'.

The quiz, organised by Paul Meager, Fundraising Officer and presenter of the Thursday Patients request show, raised a much needed £174 from entry fees and a further £151 from the raffle.

All money is going towards the £3500 fundraising target for the replacement computers required at the station located at the Royal Surrey County Hospital to keep broadcasts on the air 24 hours a day, 365 days of the year.

Carl said that it was a great evening and invited the station to hold more in the future, so plans are being drawn up for a quiz approximately every three months.

Radio Lion is very grateful to their hosts who have also offered to donate the proceeds from their Christmas Quiz raffle on 19th December to the station too. It is likely to be a busy evening and tables can be booked directly with the pub.

Staff and patients celebrate 90 years of Heatherwood Hospital



Philippa Slinger is pelted with wet sponges

Surgeons at Heatherwood

Hospital and Chief Executive Philippa Slinger were pelted with wet sponges at the Hospital's 90th anniversary celebrations.

The milestone event was recognised by staff and patients at the hospital in London Road, Ascot in September.

Philippa Slinger, Heatherwood's Chief Executive, was pelted with wet sponges by party goers who donated money to charity and 100 former transplant patients, family members and surgeons took part in a sponsored 1.5-mile Hip and Knee Walk to raise money for the orthopaedic department.

Rakesh Kucheria, orthopaedic consultant and organiser of the walk said, 'My colleagues and I were delighted to see so many of our former patients join us.

'I'd like to thank everyone who took part and their generous sponsors. The money raised will go towards supporting developments within the orthopaedic department.'

Radio Wexham, the hospital's radio station, broadcast throughout the day as visitors enjoyed face painting, cake, a tombola and a barbecue.

Balloons Mark Darent Valley Hospital Fun Day



Balloons were released in memory of lost loved ones to cancer at Darent Valley Hospital's Stride 4 Life sponsored walk and fun day.

The sea of balloons also marked the celebration of recovery for patients hoping to see the latest technology from the money raised.

Around 180 members of staff and two surgeons took part in the walk to raise money for the hospital's Cancer Fighting Fund.

Hosted by the Valley Park Radio, the fun day was supported by 52 stalls and entertainment from Baby Ballet, Dartford Gymnasts and Swanley BIG Sing. Stride 4 Life fundraising manager Tracey Cummins said: 'The Stride 4 Life and Funday to benefit our Cancer Fighting Fund has raised £14,826, so far. Over 100 volunteers are involved on the day who all work so hard to support our hospital.

'We are very grateful to the many walkers and their families taking part. We would also like to thank all the local businesses that have given their support.'

Chichester Goes On Line

Chichester Hospital Radio has launched its Listen On Line service to go alongside its new website.

The station originally launched on September 22, 1972 and Chairman Malcolm Gray said members gathered outside the studios to raise a glass and pose for a group photo.

Four hours of live, light-hearted broadcasting followed, with some witty banter from the gathered members and the return of some past members, for the official opening of the brand new service.

Nearly 30 per cent of patients at St Richard's Hospital have a handheld device in hospital, whether a phone, tablet or computer. They will now be able to use the online service, which Malcolm described as a 'valuable way of providing a diversity of service'.

The station is also available on 1431AM around the hospital grounds and channel 11 on the nurse call units at the bedside.

'Bringing patients and families together at a difficult time, the new service offers the opportunity for both to leave messages and requests.

'Many times as we speak to patients on the ward, we are asked if their loved ones would be able to listen, now they can.

'You can listen by visiting our website and clicking on the listen live button, which takes you to our player.

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What Wexham Did Next

Radio Wexham has been manic since it relaunched in June after a complete station rebuild – forget 'Bob the Builder' we have George, Tyler and Paul the builders!!!

The new revamped OB unit for Radio Wexham, relaunched as Heartbeatz Discos, has been very busy:

- Heatherwood Hospital Fete: Celebrating 90 years of Heatherwood Hospital meant partying in style including interviewing Philippa Slinger (CEO Heatherwood & Wexham NHS Trust) whilst in the stocks.
- Farnham Royal Cricket Club Fireworks & Quiz: RW provided the music for their fireworks display in conjunction with Farnham Royal School and have given RW the club to host a Quiz Nite extravaganza! Brains in gear!
- Pumped it for Pudsey! RW and the Wexham Resus team pumped it for Pudsey in a 24 hour CPR challenge. Taking over reception of the hospital from 8am Friday 15th to 8am Saturday 16th, the team even co-erced some of the Slough firefighters to 'pump it'!



 Wexham rocks Sainsburys!
 Saturday 23rd November, RW teamed up with Sainsbury's staff



and took over the entrance to Sainsburys in Slough with nonstop music all day, buckets galore, games, balloons and station mascot 'Clucky' leading the dancing and silly behaviour. A great day topped off by Sainsburys offering continued support to the station!

• Christmas Galore: already bookings have gone mad, with the team providing music (and a choir) for Wexham's Christmas Eve Carols and music at Farnham Royal Cricket Clubs New Years Eve Gala.

We now have ten members as part of our university scheme, who pay half the yearly membership and continue their training when they return during their holidays.

One of our uni members Lisa Williams has recently been producing shows for BBC4's Womans Hour!

RW is currently the only station in the UK offering the Arts Award Qualification (AS Level) in association with Trinity College. We currently have six members participating in the scheme with lots of workshops and events planned

Four members (excluding Mel) attended the National Training Day in Birmingham. Everyone thoroughly enjoyed the session with Andy Carter and the opportunity to chat/network with other stations was fantastic. Some members will be visiting Radio Cherwell at the end of November and also members from Hospital Radio Chelmsford will shortly be visiting us.

Goodmayes Host MS Sufferers

Goodmayes Hospital Radio played host to multiple sclerosis sufferers in September. Karen Aston, who actively promotes the positive help available, was interviewed by Phil Lester, along with Deputy Mayor, Tania Solomon.

The station broadcast live for 12 hours in a bid to raise funds for the Marjorie Collins Centre in Chadwell Heath, which offers support and social events for people diagnosed with MS.

If you are interested in volunteering for Goodmayes



Karen Aston, Phil Lester (presenter) and Tania Solomon

Hospital Radio please apply via the Website.

Santa Claus to Raise Funds for Bedrock HR



Bedrock Hospital Radio, serving patients in Queen's Hospital, Romford, will be collaborating with Romford Shopping Hall to bring festive joy this season by opening a Santa's Grotto. The grotto will be open Saturday and Sunday 10am-4pm on the build up to Christmas, December 23 and Christmas Eve.

The grotto is magical for children to visit Santa at just £4 per visit per child, £2 of which will be donated to Bedrock. Volunteers from Bedrock will be assisting Santa and Bedrock Bear, to help raise awareness of hospital radio within the local area.

Singer Amelia Lily attended the grand opening on November 14, before performing at the Romford Christmas lights switch on.

Funds raised from Santa's Grotto will help towards Bedrock's annual running costs of £3,000 pa.

Bedrock Chairman, Mathew Watson, said he was delighted to have been approached by the Shopping Hall to assist with the grotto as it was a great opportunity to work and promote the charity within the local community.

Regional Meeting

The November HBA South regional meeting welcomed guest speaker Phil Creighton, who spent the afternoon advising how to get stories in the local press with tips on writing good press releases and taking interesting photos.

Phil, former features editor of the Reading Post, now runs his own magazine for the Reading area (www.xnmedia.co.uk).

He has previously taken part in shows at HR Reading as a guest of their former member and his good friend Tom Sanders (BBC Radio newsreader).

The afternoon was well received by members present which included Isle of Wight HR, Radio Haslar, Winchester HR, Radio Redhill and members from host station HR Basingstoke.

Phil's slides are available to download from the HBA website.

The next regional meeting will take place on Sunday, 16 February at Coastway Radio in Brighton and plans are underway for Isle of Wight HR to host a regional day of different events in May 2014.

Basingstoke Reaches New Heights



October 8th was the day of the second Shopmobility Abseil at Basingstoke and North Hants were broadcasting the event live.

As last time, the rain fell relentlessly, although there was a bigger tent to shelter in this time.

HRB presenter Claire Bird hosted the show and spoke to some of the participants and Nathan Freeman himself took part, talking live on air as he descended the wall. Hopefully lots of money was raised for Shopmobility and other Basingstoke charities.

Basingstoke's Christmas Schedule



Basingstoke is planning its Christmas schedule with lots of special festive shows, starting at 12pm on Sunday 15 December with Neil Ogden's annual five hour live Sound of Sunday Big Christmas Show featuring the Great Christmas Cracker Dash when a team of presenters go round the wards live on air pulling as many crackers as possible crackers in two hours with patients and staff. There will be interviews with the cast of local pantos, which this year includes fifth Doctor Who Colin Baker. There will be a competition for a member of staff to win a family ticket to one of the pantos.

HRB will be live on Christmas Day from 10am until 1pm with requests from around the wards and link ups with other stations during the morning plus an extra prize draw with Sainsbury at Liphook for Christmas Day where someone will win a special Christmas goody bag. Other Christmas highlights include local singer Luke Upton returning to sing on air, coverage of local Christmas events in Alton and Tadley, Christmas Postcard shows from New Zealand and Spain and on New Year's Eve, Richard Smith's 20 hour Big Broadcast.

The Christmas Radio Link up web site is up and running once again. The site allows you to submit your details if you would like to link up with other hospital radio stations this Christmas.

This annual event involves different radio stations linking up around Christmas time to speak live on both stations at once. Stations could be in different parts of the UK or in the same area and it's not

unknown for a BBC station or local commercial station to be involved.

Suggested format is a chat by phone between stations about what's going on in the two places finishing with the same record being played on both stations. You could have a quiz between both stations or two hospitals or sets of listeners. Both stations need a telephone line which can be put on air or even better it can be done via Skype. All you need to do is register your interest at www.christmasradiolinkup.co.uk and your details will be listed. When looking for stations to link up with, return to the site for the contact information.

Pilates Teacher Raises Funds for Hospital Radio



Shirley Matthews, Lynda Hutchins and Tony Clark

New Forest Hospital Radio were delighted to receive £285 from local Pilates teacher Lynda Hutchins. With presenter Shirley Matthews, Lynda recorded a 'Desert Island Discs' style programme for friends and family, consisting of music significant to Lynda in her life and work, the programme was recorded and then edited by studio manager Tony Clark. It was then made available for listening in return for a donation to NFHR. Lynda made nearly 300 copies for family, friends and some of her pupils at her fitness classes.

Tony Clark and Shirley Mathews thanked Lynda for the donation, praising Lynda for the innovative way of raising funds. Chairman lan Bradbury also thanked Lynda for her efforts that raised awareness of the work carried out by the volunteers at the radio station in Lymington Hospital.

Patients Enjoy Bedtime Story



Gerard Rocks with Geoff Dallimore and Lesley McEwen who together with fellow Progress Theatre member Jules Lunness read the stories

To mark National Short Story week, Hospital Radio Reading broadcast a series of short stories created, read and recorded by local groups. The stories were written by members of the Thames Valley Writers' Circle and then read and recorded by members of Reading's oldest theatre group, the Progress Theatre.

They were then broadcast on Hospital Radio Reading each night during the National Short Story Week's Story At Bedtime slot.

HR Reading Chairman, Gerard Rocks, said, 'We are delighted to take part again in this joint effort, which we are sure will be enjoyed by our listeners as part of one of our most popular features'.

Girl Power

Three members of Radio Craigavon have been presented with long service certificates from the HBA.

Gladys Kerr, Rowena Cairns and Anne Angell have collectively chalked up 80 years service in hospital broadcasting. Gladys joined Radio Craigavon in 1981 as a volunteer ward visitor. She is also a long serving Secretary on the Executive committee. Rowena joined back in 1988 as volunteer presenter and is also Station Manager. Anne joined in 1988 as a presenter and has in the past served on the Executive committee.

Certificates are for services to hospital radio rather than to a specific station although all three spent their time at Craigavon. Certificates were presented by Davey Downes, Northern Ireland Regional rep, who is also Chairman of Mater Hospital Radio in Belfast.

The presentation took place at a special supper held Portadown on 21st November.



Anne Angell, Gladys Kerr, Davey Downes and Rowena Cairns

The Coopers Project

In 2001, Maureen Cooper sent On Air a tape of Children's stories



for review. The concept was to make available a series of stories for children who may be confined to bed for any length of time. The stories were based on the amusing adventures of a dog and a cat who became great friends.

Maureen sold copies of the tape for £5.99 and donated 10% of the proceeds to the Children's Ward and also a copy of the tape to hospital radio.

Maureen has now had a book and CD professionally produced of the stories which hospital radio stations can buy for £2.50 (RRP £2.99). From the sale of each pack, 50p will be donated to the Children's Ward and the hospital radio station can retain 50p from each set sold.

For further details, contact

Maureen Cooper, 19 Westhill Road, Torbay TQ1 4PE, email maureen_gary@hotmail.co.uk

Mike Turnbull



I am sad to announce the recent death of Mike Turnbull, long time member of Radio Addenbrooke's in Cambridge.

SOSO Fundraising Events

Southern Sound continued their fundraising plans with two great charity events. The first in September saw an OB and can shake at Asda Govan in Glasgow. Playing for four hours in the trolley bay, the team played music and collected from generous customers!

The second event took place early in November when the Team embarked on a Charity Disco Night and grand raffle held at a local bowling club. A fantastic night with a great attendance from family and friends featuring DJs Stewart Taylor, Raffle prizes ranged from film theatre tickets to a candlelight dinner and hand made jewellery. There were great donations from Rangers FC and Celtic FC and even a donation from a committee member's son, Sean Taylor, who donated a toy called Martian Matters!

A fantastic night for the Station made possible by a great team effort from committee members particularly brothers Stewart and Alan Taylor as well as Graeme Harkins and Alan Hall. 'Between the two events we managed to collect £1500 for the Station which will be put to great use going into 2014'.

John Brisbane Alan Hall

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All members of the TB and Regional Reps are volunteers and will respond to any contact as quickly as possible.					

All members of the TB and Regional Reps are volunteers and will respond to any contact as quickly as possible. Please understand however, that work or family commitments mean that availability may not always be immediate and may be limited to evenings and weekends.

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